



REGISTRATION INSTRUCTIONS for Team CdLS

1. Go to: <https://runsignup.com/Race/CT/Hamden/DeniseDAscenzoWalk>
2. Select "View all Events".
3. Select **Walk for CdLS Foundation**.
4. Sign into your RunSignUp account (if you do not have one, you must create one).
5. Fill in remaining registration information.
6. Select CdLS Foundation.
7. Continue through to the donation/fundraising page.
 - a. You can skip this page at the bottom or
 - b. Select the "Become a Fundraiser" button
 - c. Fill out the form and select "Join a Team", look for **Team CdLS and join**.
8. Complete registration.

The next step is to share your fundraising page with friends and family and encourage them to donate or join you at the walk!

Jody Damsky is available to walk you through registration or create a fundraising page for you! Please do not hesitate to reach out jody@jbsports.com or 203-481-5933.