

A Closer Look at KISS- Keep It Super Simple

We'd like to thank Kartik's parents, Padmini & Praveen, for sharing their story with us.

At the 26th Biennial National Family Conference in Orlando, Florida, one of the compotent that we took away was the workshop KISS- Keep It Super Simple: Techniques for Making Learning Meaningful and our interaction at our consultation with Emily Taylor-Snell. We learned about the importance of overall communication and encouragement of all modes of communication, along with making adaptations to lighting, brightness, positioning and contrast.

We have started to encourage Kartik to sit parallel to an object positioned with lighting from behind; we have noticed his eye tracking an object is much better than before. We also noticed that once the lighting and vision is controlled, he seems to balance his body better in that space. See his picture - Kartik is balancing on the couch armrest by himself!

Secondly, we are approaching him with objects then handing them over to him; we use sign language while doing this so he can start making choices. He has sporadic responses, but on the positive side, he is beginning to understand that communication is two-way. He is communicating in other ways, such as asking to be picked up.

Lastly, by playing more "Singing Time with Alex and Leah" videos and rhymes on YouTube that are played by kids (which he loves), he is starting to identify with the child in the videos and responds to the voice of his teachers and therapists.

We feel we have gained immensely with our interaction with Emily Taylor-Snell. The best part about the workshop and consultation was learning easy tips that can be done at home and outside. This information enriches our daily experiences and has shown positive results.

Thank you

Padmini & Praveen