

## A Closer Look at Feeding Options: Anna's Story

We want to thank Anna's mother, Susannah, for sharing Anna's story with us.

One of the feeding difficulties Anna has is that she resists feeding by mouth. At birth she experienced a large reflux issue and couldn't keep much down, and was in a lot of pain. She started refusing feedings. The decision was made around two months old to give her a gastronomy tube (or G-Tube). She is now completely tube fed.

We had a feeding consultation with Dr. Carrico, who suggested that we introduce puréed baby food little by little. We keep trying and most importantly have learned not to give up.

We're still working on it. Anna tolerates some things better than others, but she is still solely tube fed. Dr. Carrico's advice was encouraging. We're still trying puréed foods, making small progress. She seems to like carrots and ice cream the best!

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