

# MEDICAL ALERT CARD

(Last updated \_\_\_\_/\_\_\_\_/\_\_\_\_) Use pencil to allow for updates.

The owner of this card

Name \_\_\_\_\_

has **Cornelia de Lange Syndrome (CdLS)**

a condition that may cause the following:

### LIFE THREATENING CONDITIONS

- GI problems: bowel obstruction, volvulus, reflux leading to aspiration pneumonia
- Swallowing difficulties/choking
- Seizures
- Cardiac problems

### OTHER NOTABLE CHARACTERISTICS

- Speech and hearing problems (may not be able to understand/respond to questions)
- Neurological, behavioral problems
- Slow growth and small stature
- Developmental delays

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## Personal Details

Blood Type: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_\_

## Emergency/Medical Contacts

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Ph# Home: \_\_\_\_\_ Wk: \_\_\_\_\_

Cell Ph#: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Ph# Home: \_\_\_\_\_ Wk: \_\_\_\_\_

Cell Ph#: \_\_\_\_\_

Address: \_\_\_\_\_

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Doctor: \_\_\_\_\_ Ph#: \_\_\_\_\_

Specialty: \_\_\_\_\_

Doctor: \_\_\_\_\_ Ph#: \_\_\_\_\_

Specialty: \_\_\_\_\_

Doctor: \_\_\_\_\_ Ph#: \_\_\_\_\_

Specialty: \_\_\_\_\_

## Medical Insurance (optional)

Ins. Co. \_\_\_\_\_

Policy # \_\_\_\_\_

Medicaid # \_\_\_\_\_

Medicaid # \_\_\_\_\_

CdLS Foundation: [www.cdlsusa.org](http://www.cdlsusa.org)

1-800-753-CdLS or 1-800-223-8355

## Medical Conditions Associated with CdLS

Check all that exist

- Behavior Issues:  Anxiety  Aggression
- Self-injurious  Hyperactivity
- Bowel Obstruction:  Surgery: date(s) \_\_\_\_\_
- Cleft Palate
- Constipation:  Occasional  Often
- Dental:  Many Cavities  Crowding
- Developmental Delays:  Mild  Mod  Severe
- Ear Infections (frequent):  Tubes
- Feeding: Prone to Choking  NPO
- Feeding Tube
- Food Intolerance:  Lactose  Gluten
- Other \_\_\_\_\_ Special Diet \_\_\_\_\_
- Fundoplication Surgery: date(s) \_\_\_\_\_
- Gastroesophageal Reflux:  Mild  Severe
- Hearing Loss:  Wears Aides
- Heart Defect: Type(s) \_\_\_\_\_
- Hip Problem(s): Type(s) \_\_\_\_\_
- Malrotation:  Surgery: date(s) \_\_\_\_\_
- Pain Tolerance (unusually high)
- Pneumonia: date(s) \_\_\_\_\_
- Ptosis:  Surgery: date(s) \_\_\_\_\_
- Renal Disorder: Type(s) \_\_\_\_\_
- Seizures:  Frequent  Rare  On Meds
- Sinus:  Infections  Polyp(s)
- Tear Duct Frequently Clogged
- Upper Limb Differences
- Vision Impaired:  Glasses  Contacts
- Other (not necessarily common to CdLS): \_\_\_\_\_

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## Allergies

Medicine:

- Antibiotics:  Penicillin  Sulfa  Tetracycline
- Other \_\_\_\_\_
- Pain Meds/Anesthesia:  Codeine  Demerol
- Lidocane  Morphine  Novocaine
- Other \_\_\_\_\_
- Environmental \_\_\_\_\_
- Insect Stings \_\_\_\_\_
- Foods \_\_\_\_\_
- Latex  X-Ray Dyes  No known allergies

## Medications

Medication	Dosage	Frequency	Reason